

City of FDL

City Connection

JANUARY 2017

Well City Fond du Lac

The Vision—To make Fond du Lac's workforce one of the healthiest in America by developing and delivering results-oriented, evidence-based health promotion programs at the worksite.

Well City is an initiative based around WELCOA's Well-Workplace Award, designed to engage entire business communities in improving the health and well-being of their workforce. Fond du Lac business and community leaders have come together to engage in Well City Fond du Lac to help make the Fond du Lac workforce one of the healthiest in America by developing and delivering results-oriented, evidence-based health promotion programs at their worksites. The Well City Fond du Lac initiative was to be a three-year journey resulting in no less than 20 Fond du Lac area employers achieving Well Workplace designation.

For the past 3 years almost 30 employers in Fond du Lac have been working towards their own Well Workplace designation through WELCOA in helping Fond du Lac achieve Well City status. Well City is an initia-

tive based around WELCOA's Well-Workplace Award, designed to engage entire business communities in improving the health and well-being of their workforce. Fond du Lac business and community leaders have come together to engage in Well City Fond du Lac to help make the Fond du Lac workforce one of the healthiest in America by developing and delivering results-oriented, evidence-based health promotion programs at their worksites. A celebration was held recently at the Holiday Inn Conference Center to acknowledge employers that worked to help FDL receive its Bronze Well City Designation.

Leading the efforts, with assistance from Jessica Rademann-Executive Director of the Wellness Council of Wisconsin, was Jeff Butz, Wellness Director at FABOH and Larry Richardson, Executive Director of FABOH who served as the Well City Advisory Chair. In addition, multiple committees supported the efforts led by local business leaders.



To meet Well City status, a certain percent of the workforce must participate and within each company they must meet certain

requirements including participation in health risk appraisals, biometric screenings and wellness activities.

There are many reasons that a city would want to attain this designation. As a community, Fond du Lac is ranked 51st out of 72 Wisconsin counties regarding health behaviors (including smoking, diet and exercise, alcohol use). Employer-sponsored health insurance premiums have more than doubled in the past nine years, a rate three times faster than cumulative wage increases. Unhealthy workers utilize a disproportionate share of health plan benefits. By encouraging wellness programs in the workplace, Fond du Lac will benefit by healthier employees which leads to a healthier community. Over 7500 Fond du Lac County employees have participated so far. This will be an on-going effort for Fond du Lac to retain its designation.

Inside this issue:

New Employees	2
Two City employees' sons graduate from Marine Corps	3
Cops for Kids Donation	3
Retirements	3
City Mission	4
FDL Area Transit Bus Route Changes	4



Don't forget to schedule your health coaching sessions to earn 15 points on your 2017 HRA scorecard.

Contact Agnesian Work & Wellness at 926-5678 or 926-5508.

Schedule online at www.knowandgo.org. Coaching sessions can only be done once/month and the deadline for your third session is July 31, 2017.

WELCOME TO THE CITY TEAM

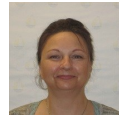


Tanya Biermann—Oct. 19; Special Clerk



Licensing & Records
My education and work/life experience began in the field of Graphic Communications at MPTC but through many years at Charter Communications, morphed into a strange mix of quality, customer service training, database administration, and software implementation. Charter eventually took me to South Carolina where I lived 6 years before moving back to Wisconsin to help out family. When I first moved back, I lived in Milwaukee, working for a non-profit school system in a diverse position that gave me the experience of creating and implementing educational programs for students and writing grant applications. An interesting job opportunity at Agnesian Healthcare's Medical Staff Office brought me back to the Fond du Lac area where I met my husband and have lived for the past 8 years. I felt working for the City would be an interesting and challenging opportunity that also utilized the unique experience I gained working in the Medical Staff Office. I am excited to join the City of Fond du Lac team!

Mary King—Dec. 12; Bus Driver



I have one son who is the pride of my life and one grandson, the joy of my life, and one yappy pomeranian who is my best buddy. From very young, I have always loved to be outside, whether it was playing with the animals on our family farm, or riding on the tractors. My first experience driving was an old Chevy pickup with a "three on the tree". I have driven a number of different types of vehicles; cars, pick-ups, school bus for 5 1/2 years, and while I was graphic designer at a sign shop, I drove semi-trailers, dump trucks, and garbage trucks, but the most interesting was the

Zamboni at the Blue Line! I also used to drive my F150 truck in mud runs as a member of the Extreme Offroaders. Guess some would call me a tomboy—I call it a living!

I have a love for all animals but horses are in my blood. I am a volunteer for the Humane Society and Whisper Hill Clydesdales.

I am very proud and honored to be a part of the City of Fond du Lac Transit Team.

Jennifer Chitwood—Jan. 9, 2017; Asst. Director HR



My name is Jennifer Chitwood and I am the new Assistant Director of Human Resources for the City of Fond du Lac. I grew up in Mayville, WI where I graduated from high school. Then I attended UW Fond du Lac, UW Oshkosh, Fox Valley Tech for my LE certification, and then UW Platteville where I started my Master's Degree.

Before starting with the City of Fond du Lac, I was the Human Resources Administrator/Manager for a manufacturing company in Hartford, WI. In that position I handled all aspects of human resources, including but not limited to recruitment, benefits plan design and administration, safety, training, discipline, employee development, supervisory advising and community outreach. In Hartford, I also served on the Board of Directors for the Chamber of Commerce. Prior to that I spent 8.5 years in law enforcement, first as a Patrol Officer and then as Sergeant, which was 2nd in command for that agency.

When I'm off of work, I enjoy spending time with my boys, staying active and traveling when we can. You can also find me gardening and working in the yard, cooking, doing crafty projects, reading, skiing, running, fishing and camping with my family.

I currently live near Watertown with my sons, Wesley (6) and Wyatt (4).

I truly look forward to getting to know everyone from the City and I'm excited to work with you all.

MILESTONE ANNIVERSARIES



35 Years

Jack Mohr (C & M)

25 Years

Paul Loderhose (Fire)

20 Years

Jim Ancil (Water)

Andy Gill (Police)

15 Years

Mike Treptow (C & M)

Ed Gresser (Inspection)

Tony Hahn (Police)

Nicholas Hahn (Police)

Ryan Williams (Police)

10 Years

Jerrod Ebert (Tree Care)

Amber Loberger (C & M)

Merry Arndt

(Community Development)

Michael Schave (C & M)

5 Years

Jordan Skiff (Public Works)

Josh Cowles (Library)

Paul DeVries (Engineering)

Phillip Seibel (Fire)

Bobby Scott (Fire)

Benjamin Kooiman (Fire)

Andrew Golla (Fire)

Nicholas Czaja (Fire)

John Redmond (Parks)

Welcome the new additions to the City family:

Brian Vahsholtz (baby boy)

Nathan Philipsky (baby boy)

Jon Williams (baby

boy)



Congratulations on your marriage:

Rebecca Possin (Kollmann)

Paul Wilson

Tyler Tikkanen

Steve Olson

Mark Haensgen

Tony Steffen



Justin Challe—Nov. 14; Parks Supervisor

Greetings! My wife Lacy and I are very excited to have been given this opportunity. We hail from Green Bay where I worked as a Lead Worker for the City Parks Department. Prior to that I was employed by Brown County at Austin Straubel International Airport. I received both my Bachelor's and Master's degrees from UW-Oshkosh. We have two young children Charlie (3) and Josie (1). We also have one pet—a Goldendoodle named Webster. We enjoy fishing and camping as a family and are Packer season ticket holders. We also love the Brewers and are excited that although our game commutes to Lambeau are longer, the Miller Park ones have become more reasonable. Fond du Lac appears to be a wonderful community to raise a family and we look forward to being a part of it.



Richard Flynn—Jan. 9, 2017—Operations Supt.

I have been employed in municipal government since 1980. The different departments I have worked in are Transit Division, outside Water Department and Street Department.

I obtained a Master Degree in Business Administration, Bachelor Degree of Business Administration and an Associate Degree in Supervisor Management.

My military career started in 1982 and I was honored to serve my country for 25 years.

My wife, Sandy and I have been married for 31yrs and have two young men, Kyle and Keegan. I enjoy spending time with my family and going on trips with them. I have done some volunteering for different organizations.

Graduation—Marine Corps Recruit Depot, San Diego, CA



MARINES

THE OFFICIAL WEBSITE OF THE UNITED STATES MARINE CORPS



Since MCRD San Diego's inception over one million recruits have been trained here. There is a shared belief that Marines are forged in a furnace of common hardship and tough training. This shared, intense experience creates bonds of camaraderie and standards of conduct so strong that Marines will let nothing stand in their way. Marine

recruits are trained not only physically and mentally, but morally as well. Forming the bedrock of any Marine's character are the **Core Values – Honor, Courage and Commitment.**

By incorporating these values into recruit training, the Marine Corps creates not just basically trained, morally conscience Marine, but also a better American citizen who will return to society following his or her service to their

country. The transformation of recruits into basic Marines begins immediately upon their arrival at the receiving barracks, when each recruit first stands on the celebrated yellow footprints. During thirteen weeks they work harder than most ever have before to acquire the knowledge, discipline, teamwork and fitness level required of a United States Marine.

Isaac Skiff, son of Jordan Skiff (Public Works), and Kane Schumacher, son of

Thank You



for your service

Garth Schumacher (Fire), pictured here, graduated on Dec. 9th, 2016.



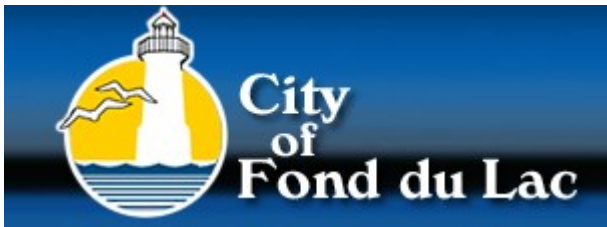
2016 Cops for Kids food and gift distribution— R. Pecore

Food and gifts were distributed to 60 families in the Fond du Lac area. One major qualitative improvement that was implemented this time was that children ages 12-17 were given a season pass to the aquatic center/Taylor Pool as well as a movie pass instead of a toy/gift, the hope being that this would promote healthy lifestyle choices through physical activity. As is always the case, numerous volunteers stepped up and made the delivery basically a seamless process and it is important for me to acknowledge some to the assistance that made this years' giveaway so successful and enjoyable. Thanks to Mary Beau, Melissa and our great community partner, Holiday Automotive, for stocking us well with your toy donations, as well as Festival Foods for their food donation and assistance in delivery to the P.D. On a special note, our own **lead detective Steve Kaufmann** participated in a "positive within"

of his own, donating his hot wheel collection that he told me he had accumulated years ago. With regard to highest number of referrals, Pastor Paul again took the top spot with around 20 names. As for who referred the most here at the p.d., **SRO Olson** kicked in between 15-20 names while **Cammie** sent me in the 6-8 range. All of the referrals were greatly appreciated, many came in at the very end and if I would have had another week to process and take names I believe we would have

hit our initial goal of 75 families. I heard nothing but good feedback from the delivery teams, and want to thank the **Kleins, Chief Lamb and his girls, Melissa, Tina Braun**, the members of the Cops for Kids Board who assisted, the Police Chaplains, and anyone else who I may have forgotten for their help in this endeavor. It has been said that we are our best when we are acting unselfishly for the betterment and on the behalf of someone else, particularly when they can do nothing to repay us...for those who assisted in the program this year, I salute you.

"Individual commitment to a group effort—that is what makes a team work, a company work, a society work, a civilization work."
-Vince Lombardi



Our Mission

Fond du Lac City Government's mission is to provide excellent local government through responsiveness and accountability to the citizens of Fond du Lac.

Our values: Excellence in Service, Honesty, Integrity, and Personal Accountability guide everything we do.

FDL Transit Bus Routes, Numbers Changed to better serve the citizens of Fond du Lac



As passengers step onto the bus, driver Dan Vores greets them with a "hello" and a smile.

He knows most of his passengers by first name. He'll help his riders transfer buses to get to certain places, and he's even trying to learn Spanish for those riders who speak Spanish as their first language.

Fond du Lac Area Transit changed the fixed-bus routes and its route numbers Jan 2, 2017. After a two-year development plan, where the Transit Department worked with two dozen community and business leaders to identify areas of improvement and success, routes will now become more efficient, according to Lynn Gilles, the Transit Manager.

To alleviate heavy morning and evening traffic before and after school and work hours, there will be an extra bus on the roads between 6 and 9 a.m., as well as between 3 and 6 p.m. With the exception of a few buses, most buses will run from 6 a.m. to 6:30 p.m., a half hour later than normal.

Gilles also mentioned that one route will stop at Aurora Urgent Care on Wisconsin American Drive, and one route will stop at Mercury Marine after the intersection of West Pioneer and South Military roads is rebuilt this spring. Minor tweaks will be made to some routes to avoid trains that run through the city.

The department is also introducing new route numbers, which Gilles said will help the routes have a "logical basis." Routes that start at the top of the hour will end in a zero. Routes that start at

City of Fond du Lac Public Works employees Kevin Westphal and Joe Murray change out city bus route signs at the city bus transfer zone.



the half hour will end in a five. For example, the current bus route 45 will be renumbered to 50 since the route starts at 6 a.m. Route 20 will be renumbered to 25 since that route starts at 6:30 a.m.

"That way you got an instant recognition about what time your bus is leaving from the transfer station," Gilles said.

Along with data that supports these changes, the Transit Department has collected demographic information regarding where passengers are going and why they use the bus, the taxi service, or the handicap van to get to

their destination. According to results in its development plan, 81 percent of riders, including students, are unable to drive. Sixty-nine percent of riders do not have access to an automobile.

About 30 percent of riders use transit services to get to work, while another 30 percent use the services to get to school. The other uses for transit services include shopping, recreation and transportation to health appointments.

Community member Sarah Lokken rides the bus every day to get to multiple schools. She works for Aramark and serves meals at schools, but she can't afford a vehicle to get to the multiple destinations. Since she uses the bus during winter months as well as summer months, she knows what it's like to wait at the bus stop during windy days throughout this time of year.

"Make sure you bring enough clothes," she said. "We just bundle up."

For fare information and a map of the new routes and route numbers, visit the transit department's website or the nearest bus stop.

